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| **Advent M/A/P To The Manger of: JESUS' Child:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(your name)** |

**†JMJA&J - Sundays, fill in an activity for the M/A/P/ each weekday, & check it when you do it.**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| Write out 1your week’s M/A/P's– Gifts for Jesus- now.  | M/A/P/ \_\_\_\_2\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_\_3\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_\_4\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_\_5\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_\_6\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_\_7\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Write out 8your week’s M/A/P's– Gifts for Jesus- now.  | **(transferred) 9 HOLYDAY Immaculate****Conception -****Go to MASS!** | M/A/P/ \_\_\_10\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  M/A/P/ \_\_\_11\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  M/A/P/ \_\_\_12\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_13\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 14\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Write out 15your week’s M/A/P's– Gifts for Jesus- now. | M/A/P/ \_\_\_ 16\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 17\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 18\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 19\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 20\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 21\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| M/A/P/ \_\_\_ 22**Write a Birthday Card to JESUS; bake a birthday cake.** | M/A/P/ \_\_\_ 23\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | M/A/P/ \_\_\_ 24\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 530427c44c2b2430b455e71b5baf4a88 | ***Baby Jesus! Happy Birthday, Baby Jesus, my King and my God!******DON’T forget – JANUARY 1st*** *is also a*  ***HOLYDAY of Obligation*** *–* ***treat like a Sunday - go to Holy Mass!*** [*http://www.theholyfamilyhouse.org/holydays-of-obligation-usa/*](http://www.theholyfamilyhouse.org/holydays-of-obligation-usa/) |
| *♪****Happy Birthday, Baby Jesus! Happy Birthday, Baby Jesus! Happy Birthday, Baby Jesus, my Lord & my God! (2x) Happy Birthday, Baby Jesus! Happy Birthday,*** |

 **ADVENT = THE COMING OF JESUS CHRIST, KING OF THE UNIVERSE** – He made Himself known to His First Chosen People when He was born a Babe in the Manger in a cold, stone stable. The God-Man indeed has a Birthday. As Jesus has no need of anything material – He created and owns the universe – He wants us to give Him something of ourselves. Jesus wants us to follow the **M/A/P to His Manger** and thus make **Birthday Gifts** for Him.

 **Mortification = giving up something** we really like to eat or drink or cutting down on sleeping long.

 **Renouncement = ending an addiction**, i.e., smoking, drinking alcohol, watching television, texting, playing video/computer games, surfing the Internet, having long and/or useless telephone conversations, etc. Our Lord mortified Himself often through lack of food and sleep - “He had nowhere to lay His Head”.

 **Almsgiving = giving money or goods** to others in need or **acts of charity** towards our neighbors/those in need or our enemies. We do this after giving our traditional tithe of 5% (of each paycheck) to our church and the other 5% or more can be used for the above. Supporting our parish church is a Precept/Commandment of Catholic life.

 **Extra Prayer = communication with God**, His Angels and Saints, and the Holy Souls in Purgatory. We can imagine an invisible telephone connecting us to God, His Saints and Holy Souls. God wants us to realize that we depend on Him for every breath we take. Our prayers should follow ATAP: Adore God, Thank God, Ask forgiveness of God, and Petition God, directly or indirectly. He appreciates it when we ask His Saints and Holy Souls to intercede for us – after all, He Is The One, Who made them Holy. They are our Ambassadors to our Lord. Those closest to our Lord are: The Blessed Virgin Mary, St. Joseph, Ste. Anne, and St. Joachim. Let’s go to Holy Mass more than once a week, and to Confession weekly or bi-weekly. We can pray or do one of the following: the Most Holy Rosary, the Chaplet of Divine Mercy w/the Way of the Cross, St. Louis de Montfort’s Consecration, begin First Fridays & First Saturdays and then continue them in the future, start praying the Angelus 3 times a day, begin praying the Morning Offering, Prayers Daily,...

 Don't take your M/A/P's lightly - the **harder our M/A/Ps are for us to do**, the more Jesus will appreciate them. This is the beginning of the liturgical year - we can change our lives and become closer to God. Without a good Advent, no joy for the 40 days of ChristMass, and our year will not be as blessed. So, let's do it! **© & All Rights Reserved, The Holy Family House, Our Lady of the Miraculous Medal, A.D. 11/27/2010 and on.** Can be distributed GRATIS with legible copyright**. Also online – see *:  https://wwwTheHolyFamilyHouse.org/Advent-2nd-Greatest-Season-of-Grace***